

Rockford Middle Schools' Athletic Code

Participating in athletics in Rockford is a special privilege. Our tradition is respected not because of our win and loss record, but rather because of the type of student-athlete that wears the Rockford uniform representing our school. The Rockford student athlete exhibits sportsmanship, perseverance, pride, and class on and off the playing field. However, in the event that an in season athlete makes a poor choice and is issued disciplinary action by a staff member, the following represent the consequences that would affect his/her after school involvement at practice or in a game.

School Disciplinary Action

Consequence

Detention (One Point)

1. Serve on the assigned day
or
 2. Reschedule at the discretion of the assistant principal and/or the athletic director and serve the equivalent of two detention periods.
- *Skipping or missing a detention without permission will result in one day of In-School-Suspension.

Extended Detention (One Point)

1. Athletes must serve the detention on the assigned date.

In-School- Suspension (Two Points)

1. An athlete is not allowed to participate in any after school activity (contest) on the day they serve an In-School-Suspension.
2. If the athlete serves his or her suspension on a day a contest is not scheduled. He or she will not be allowed to participate in the next game.
*The suspended athlete may not attend the contest in uniform.

Out- of- School-Suspension (Two Points)

1. The student-athlete is prohibited from attending all Rockford Public School activities until the suspension has been served.
2. If the athlete serves his or her suspension on a day a contest is not scheduled. He or she will not be allowed to participate in the next game.
* The suspended athlete may not attend the contest in uniform.
3. If the offense is in violation of the Rockford Public Schools Athletic Discipline Policy, the action's consequence will take precedence over the Rockford Middle Schools' Athletic Code.

Three Point Policy

Receiving any of the above disciplinary actions results in the corresponding number of strikes.

One Point: Consequence and a warning from the coach

Two Points: Consequence and a one game suspension

Three Points: Consequence and a meeting with coach, parent(s), athletic director to discuss a possible removal from the team.

*Points are omitted after the end of each athletic season.