

# Athletic Code of Conduct

The Rockford Public Schools provide a well rounded program of interscholastic athletics, with a wide range of voluntary athletic activities for both young men and women. To be a member of a Rockford athletic team is a privilege afforded by the Board of Education. Every privilege has a number of responsibilities; athletics is no different. We provide much, but much is also expected.

Student athletes must develop and maintain habits of personal behavior and health which will enable them to perform well, to minimize risk of injury and to represent themselves and Rockford in a manner which merits respect from all.

Our tradition has taken years to develop. It is a constant desire to succeed and excel. Do nothing to detract from our PRIDE in Rockford Athletics. You have a tradition to uphold and a confident attitude to display.

We will be successful with class, style and sportsmanship.

## I. WHO/WHEN

All members of athletic teams (players, managers, trainers) are bound by the following training rules (as they apply to substance use or possession), at all times throughout the entire calendar year.

## II. SUBSTANCE USE/POSSESSION VIOLATION

Athletic training rules forbid the use or possession of tobacco (in any form), alcohol, drugs, anabolic steroids, look alike drugs, narcotics or any controlled substance by any athlete who represents East Rockford Middle School.

### A. PENALTY

1. First offense will result in immediate suspension from competition for one-third (1/3) of the scheduled athletic contests in the sport the athlete is participating *in presently or would normally participate in*.
- 2.
- 3.

The suspension will carry over into the next season of competition if the athlete does not complete the required one-third (1/3) in their present season.

2. Second offense will result in suspension from all athletics for a period of twelve (12) months from the date of suspension.
3. Third offense will result in permanent barring of the athlete from participating for his/her high school years.

### B. SUSPENSION PROCEDURE WILL BE:

1. The student will be informed of the violation by his/her coach and/or the Athletic Director.
2. A letter will be sent to the athlete's parents or guardians stating the offense, penalty and appeal procedure.

PAGE TWO - ATHLETIC TRAINING CODE

- 3. An appeal may be requested by the parents/guardians of athlete (if adult waiver is on file), to the Principal within ten (10) days of receipt of the suspension letter.

III. CONDUCT/BEHAVIOR VIOLATION

During the school year, an athlete shall conduct himself/herself in such a manner as to not bring discredit to the school, team or athlete them self.

Examples of behavior unbecoming an athlete are, but not limited to: vandalism, theft, insubordination, school suspension, *close proximity, hazing or harassment, etc.*

A. PENALTY

As determined by the Head Coach and Athletic Director upon investigation of violation of Section III.

B. SUSPENSION PROCEDURE

As stated above (Section II-B).

PLEASE DETACH HERE AND RETURN TO YOUR COACH

EAST ROCKFORD MIDDLE SCHOOL ATHLETIC TRAINING CODE

I HAVE READ THE ATHLETIC TRAINING CODE AND WILL ABIDE BY THE ABOVE MENTIONED CODE ***THROUGHOUT MY ATHLETIC CAREER AT EAST ROCKFORD MIDDLE SCHOOL.***

Athlete's Signature: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

Sport: \_\_\_\_\_ Coach: \_\_\_\_\_

Date: \_\_\_\_\_

PRIOR TO PARTICIPATION IN ANY INTERSCHOLASTIC ATHLETIC CONTEST, THIS FORM MUST BE SIGNED BY BOTH THE ATHLETE AND HIS/HER PARENT/GUARDIAN AND RETURNED TO YOUR COACH.